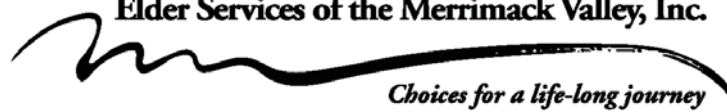


The Green Sheet

*Find it fast with The Green Sheet, a quick reference guide to frequently called resources.
If you can't find it fast, call 800-892-0890. Unless specified, all numbers are in the 978 area code.*

Elder Services of the Merrimack Valley, Inc.



Choices for a life-long journey

800-892-0890 ~ TTY 800-924-4222 ~ www.esmv.org

AGE INFORMATION DEPT (Elder Services)

800-892-0890

ADULT DAY HEALTH PROGRAMS

All Care Adult Day Health Ctr., Chelmsford	251-0367
Blaire House of Tewksbury	851-3121
Buttonwoods Place ADH Ctr., Haverhill	373-1584
Castle Hill ADH, Lowell	323-7811
Community Family Adult/Alz. Day Hlth., Low.	458-4844
D'Youville ADH Center, Lowell	569-1000
Harborside Adult Day Health, Newburyport	465-1980
Home Away From Home, Lowell	453-4663
La Casa de Maria Inmaculada, Lawrence	685-2727
Lowell Elder Care, Lowell	596-1111
MI Adult Day Health, Lawrence	682-7575
Nevins Adult Day Health Ctr., Methuen	686-2807
Nevins Alzheimer Family Care Ctr., Methuen	682-3582
Oasis Adult Day Health, Lawrence	989-9897
Sarah's Place, Haverhill	374-2175
Spectrum Adult Day Health, North Andover	688-3247

ASSISTED LIVING / HOUSING

Atria Marland Place, Andover	475-4225
Atria Merrimack Place, Newburyport	462-7324
Ashland Farm, North Andover	683-1300
Assisted Living Center, Salisbury	463-9809
Bayberry at Emerald Court, Tewksbury	640-0194
Billerica Crossings, Billerica	667-0898
Blaire House Assisted Living, Tewksbury	851-3121
Brightview Concord River, Billerica	262-1410
Chelmsford Crossings, Chelmsford	250-8855
Elizabeth Calsey House, Amesbury	388-0293
Grace Morgan House, Methuen	682-4324
Greystone Farm at Salem, NH	603-898-5393
Haverhill Crossings, Haverhill	556-1600
Meadow Lodge Drum Hill, Chelmsford	458-0099
Methuen Village at Riverwalk Park, Methuen	685-2220
MI Residential Community, Lawrence	682-7575
The Atrium at Drum Hill, Chelmsford	934-0000
The Pines-Tewksbury	657-0800

ALZHEIMER'S ASSOC. MA CHAPTER

800-272-3900

DISABILITY AGENCIES

Northeast Independent Living Program	687-4288
--------------------------------------	----------

ELDER ABUSE

800-892-0890

ELDER ABUSE HOTLINE

800-922-2275

After 5:00 pm, Monday-Friday
weekends & holidays

EMERGENCY ASSISTANCE

Elder Care Fund 800-892-0890

FOOD/NUTRITION

Food Stamps - Dept. of Transitional Assistance	
Haverhill/Lawrence/Newburyport	725-7100
Lowell	446-2400
Home Delivered Meals (Meals on Wheels)	800-892-0890

FINANCIAL ASSISTANCE

Money Management Program	800-892-0890
Dept. of Transitional Asst. - Law./Hav./Nbypt.	725-7100
Lowell	446-2400

FUEL ASSISTANCE

Community Action - Haverhill/Newburyport	373-1971
Community Teamwork-Lowell	459-6161
Community Action - Lawrence	681-4950
Joe Kennedy Fuel Program	877-563-4645

HEALTH & BENEFITS COUNSELING

SHINE/MORE - Call Elder Services	800-892-0890
Mass Division of Medical Asst.	
MassHealth Customer Service	800-841-2900
MassHealth-TTY Customer Service	800-497-4648
MassHealth Enrollment Center	888-665-9993
MassHealth Enrollment Center-TTY	888-665-9997
Medicare Part A & B	800-633-4227

HOMEMAKING

Elder Services Age Info Dept.	800-892-0890
-------------------------------	--------------

HOSPITALS

Anna Jaques Hospital, Newburyport	463-1000
Holy Family Hospital, Methuen	687-0151
Saints Medical Center, Lowell	458-1411
Lawrence General Hospital, Lawrence	683-4000
Lowell General Hospital, Lowell	937-6000
Merrimack Valley Hospital, Haverhill	374-2000

LEGAL SERVICES

Merrimack Valley-North Shore Legal Services 800-336-2262
 Lawyer Referral Service 978-741-7888

NURSING & REST HOMES

Academy Manor, Andover 475-0944
 Amesbury Skilled Nsg. & Rehab Center, Amesbury 388-4682
 Baker/Katz, Haverhill 373-5697
 Berkley Retirement & Nsg. Center, Lawrence 682-1614
 Blaire House of Tewksbury 851-3121
 Brigham Manor Nsg. & Rehab, Newburyport 462-4221
 Colonial Heights/Sunbridge Hlth Care, Lawrence 682-5281
 Country Rehab & Nsg. Center, Newburyport 465-5361
 D'Youville Senior Care, Lowell 454-5681
 Fairhaven Health Care Center, Lowell 458-3388
 German Home, Lawrence 682-5593
 Glenwood, Lowell 454-5444
 Griffin Home for Aged Men, Newburyport 465-7091
 Halcyon House, Methuen 685-5505
 Hannah Dustin Health Care Center, Haverhill 373-1747
 Heritage Nursing Care Center, Lowell 459-0547
 Hillside Rest Home, Amesbury 388-1010
 Horn Home for the Aged, Lowell 452-9571
 Lakeview House Nursing Home, Haverhill 372-1081
 Life Care Center Merrimack Valley, N. Billerica 667-2166
 Lowell Health Care Center, Lowell 454-5644
 Maplewood Care & Rehab Center, Amesbury 388-3500
 Merrimack River Valley House, Lowell 452-6071
 Methuen Health & Rehab Center, Methuen 686-3906
 MI Nursing & Restorative Center, Lawrence 685-6321
 Nevins Nursing & Rehab Center, Methuen 682-7611
 Palm Manor, Chelmsford 256-3151
 Penacook Place, Haverhill 374-0707
 Port Healthcare Center, Newburyport 462-7373
 Prescott House, North Andover 685-8086
 Radius Northwood, Lowell 458-8773
 Sea View Retreat, Rowley 948-2552
 Stevens-Bennett Home, Haverhill 374-8861
 Sunny Acres Nsg. & Rehab Center, Chelmsford 256-0231
 Sutton Hill Center, North Andover 688-1212
 The Meadows Health Care Center, North Andover 725-4100
 The Oxford, Haverhill 373-1131
 Town & Country Nursing Center, Lowell 454-5438
 Westford House Genesis Eldercare, Westford 392-1144
 Willow Manor, Lowell 454-8086
 Wingate at Andover, Andover 470-3434
 Wingate at Haverhill, Haverhill 372-7700
 Wingate at Belvidere, Lowell 458-1271
 Wood Mill Care & Rehab, Lawrence 686-2994

OMBUDSMAN PROGRAM

800-892-0890

PRESCRIPTION DRUGS

Mass Medline 866-633-1617
 Prescription Advantage 800-243-4636

SOCIAL PROGRAMS

Andover Social Day Program (Senior Ctr.) 623-8321
 Chelmsford Supportive Adult Day Program 251-8880
 Edgewood Social Day (N. Andover) 725-4136

SOCIAL SECURITY

Haverhill/Newburyport 866-964-4324
 Lawrence 877-669-3127
 Lowell 877-746-9850

STATE AGENCIES

Department of Public Health 617-624-6000
 Elder Affairs 617-727-7750
 Health & Human Services 617-573-1600
 MA Commission for the Blind 800-392-6450
 MA Commission for the Deaf & Hard of Hearing Voice 800-882-1155
 TTY 800 530-7570

Town	Council on Aging	Housing Authority	Veterans Services
Amesbury	388-8138	388-2022	388-8136
Andover	623-8321	475-2365	623-8218
Billerica	671-0916	667-2175	671-0968
Boxford	887-3591	N/A	688-9525
Chelmsford	251-0533	256-7425	250-5238
Dracut	957-2611	957-3515	453-9492
Dunstable	649-4514	N/A	649-3919
Georgetown	352-5726	352-6331	356-3915
Groveland	372-1101	374-0370	374-2351
Haverhill	374-2390	372-6761	374-2351
Lawrence	620-3540	683-2751	620-3282
Lowell	970-4131	937-3500	970-4068
Merrimac	346-9549	388-2022	465-4418
Methuen	983-8825	682-8607	983-8585
Newbury	462-8114	N/A	465-4418
Newburyport	462-8650	465-7216	465-4418
North Andover	688-9560	682-3932	688-9525
Rowley	948-7637	948-2371	356-3915
Salisbury	462-2412	462-8600	603-760-2265
Tewksbury	640-4480	851-7393	640-4485
Tyngsboro	649-9211	649-9941	649-2300
Westford	692-5523	692-6011	392-1170
West Newbury	363-1104	363-2723	356-3915

Limited space prevents listing all resources in the Merrimack Valley. Inclusion of a specific agency/organization/business does not imply a recommendation or endorsement of a program, service or product. Every effort has been made to be accurate. Elder Services is a private non-profit agency supported by state and federal contracts, foundations, corporations and private donations that provide choices for older adults that allow them to remain at home.